

Spirit Lake High School Physical Education Exemption Policy and Application

Three credits of physical education are required for graduation from Spirit Lake High School. As a Senior, you are requesting to be exempt from P.E. for the upcoming school year. It is important that you understand and acknowledge the terms and conditions which accompany this exemption.

Option 1: Academic Course Not Otherwise Available: If a twelfth grade student seeks to enroll in “academic courses not otherwise available to the student,” the student’s parent may request excusal from physical education, in writing. To qualify under this excusal provision, it is not necessary that the course at issue be a core course or a graduation requirement. The course may be an elective. If the student drops the course, the student must enroll in physical education. A student cannot take advantage of this excusal if the basis for it is a time conflict with something that is not an academic course, such as an optional study hall or an opportunity for early dismissal.

Option 2: Organized and Supervised Athletic Program: If a twelfth grade student is participating in an “organized and supervised athletic program which requires at least as much participation per week as one-eighth unit of physical education, “ the student’s principal may excuse the student from physical education. If the student withdraws from the activity, the student must enroll in physical education. To be eligible for this excusal, the activity must equal or exceed 900 minutes in a semester. If the activity does not equal 900 hundred minutes in a semester, parents or seniors participating in the activity are not eligible to request this excusal.

Please circle the following activities in which full the senior student participates.

Fall Sports	Winter Sports	Spring / Summer Sports
Football	Basketball	Track
Volleyball	Wrestling	Tennis
Cross Country	Basketball Cheerleading	Golf
Football Cheerleading	Wrestling Cheerleading	Soccer
Other: _____	Swimming	Baseball
	Dance Team	Softball
	Other: _____	Other: _____

Student Name: _____

**I have read and understand the SLHS PE exemption Policy including the expectations of students who exempt and the results if the student drops the class or does not finish the season with the indicated activity above.*

Student Signature

Parent Signature