



This institution is an equal opportunity provider.

OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST IS SERVED EVERYDAY! JOIN US TO START YOUR DAY OFF RIGHT!!!</p> <p>ALL STUDENTS MUST TAKE A SERVING OF FRUIT OR JUICE FOR BREAKFAST AND A FRUIT OR VEGETABLE FOR LUNCH</p> <p>SKIM, CHOCOLATE SKIM & 1% MILK AVAILABLE AT ALL MEALS</p> <p>100% FRUIT JUICE AVAILABLE AT BREAKFAST MEALS</p>	<p><u>Lunch Prices</u> TK/K-4th \$2.95 5th-12th \$3.25 Adult \$3.85</p> <p><u>Breakfast Prices</u> TK/K-12 \$2.45 Adult \$2.80</p> <p style="color: red;">MENU SUBJECT TO CHANGE</p>		<p>Breakfast Breakfast Pita w/Salsa Sliced Pears</p> <p>Lunch Taco Fiesta Tortilla Chips Lettuce & Tomato Refried Beans Peaches Cinnamon Roll (6-12)</p>	<p>Breakfast Whole Grain Cinnamon Roll Mandarin Oranges</p> <p>Lunch Chicken & Noodle Hot Dish Mashed Potatoes Fresh Baby Carrots Grapes Dinner Roll w/Butter (6-12)</p>
5	6	7	8	9
<p>Breakfast Waffles w/ Syrup Apples</p> <p>Lunch Meatball Sub Ranch Potato Wedges Tossed Salad Peaches</p>	<p>Breakfast Biscuit & Gravy Pineapples</p> <p>Lunch Chicken Strips Roll w/ Butter (6-12) Baked Beans Fresh Baby Carrots Creamy Cole Slaw Pears</p>	<p>Breakfast Long John Tropical Fruit</p> <p>Lunch White Chicken Chili Sliced Bread w/ Butter Cherry Tomatoes Cucumber Slices Blueberries</p>	<p>Breakfast Omelet Salsa Fresh Grapes</p> <p>Lunch Chicken Sandwich French Fries Steamed Broccoli Mandarin Oranges</p>	<p>Breakfast French Toast Sticks w/Syrup Fruit Cocktail</p> <p>Lunch Pepperoni Pizza Peas Fresh Baby Carrots Apple Sauce</p>
12	13	14	15	16
<p>Breakfast Waffles w/ Syrup Banana</p> <p>Lunch Pork Rib on a Bun Lettuce & Tomato Sweet Potatoes Puffs Apple</p>	<p>Breakfast Whole Grain Cinnamon Roll Pears</p> <p>Lunch Soft Shell Taco Tortilla Chips w/ Salsa Lettuce and Tomatoes Refried Beans Fresh Strawberries</p>	<p>Breakfast Breakfast Pizza Peaches</p> <p>Lunch Corn Dog Green Beans Tater Tots Fruit Cocktail Sugar Cookie</p>	<p>Breakfast Egg Wrap w/ Salsa Graham Cracker Grapes</p> <p>Lunch Goulash Broccoli Fresh Baby Carrots Roll w/ Butter Pineapples</p>	<p>Breakfast Muffin Applesauce</p> <p>Lunch Chicken Crispito Tortilla Chips (9-12) Salsa Corn Garden Salad Orange</p>
19	20	21	22	23
<p>NO SCHOOL</p>	<p>Breakfast Biscuit & Gravy Fresh Oranges</p> <p>Lunch Chili Tortilla Chips (9-12) Red Pepper Strips Sliced Cucumbers Peaches Dinner Roll w/ Butter</p>	<p>Breakfast Pancake w/ Syrup Apple</p> <p>Lunch Chicken Nuggets Mashed Potatoes w/ Gravy Tossed Salad Sliced Pears Cinnamon Roll</p>	<p>Breakfast Chicken Biscuit Breakfast Sandwich Fruit Cocktail</p> <p>Lunch Sloppy Joe on a Bun Green Beans Sweet Potatoes Fries Fresh Grapes Apple Crisp (9-12)</p>	<p>Breakfast Pancake on a Stick w/ Syrup Fresh Strawberries</p> <p>Lunch Macaroni & Cheese Meatballs Breadstick (6-12) Baby Carrots Apple Salad</p>
26	27	28	29	30
<p>Breakfast Waffles w/ Syrup Pineapples</p> <p>Lunch Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Apple Slices</p>	<p>Breakfast Pancakes w/ Syrup Sausage Links Sliced Peaches</p> <p>Lunch Chicken Crispito Spanish Rice Corn Fruit Cocktail Chocolate Chip Cookie (9-12)</p>	<p>Breakfast Whole Wheat Bagel w/ Toppings Strawberries</p> <p>Lunch Spaghetti w/ Meat Sauce Garlic Breadstick Garden Salad Green Beans Mandarin Oranges</p>	<p>Breakfast Breakfast Pita w/Salsa Sliced Pears</p> <p>Lunch Cheeseburger on a Bun Tater Tots Lettuce & Tomato Baked Beans Peaches Cinnamon Roll (6-12)</p>	<p>Breakfast Whole Grain Cinnamon Roll Mandarin Oranges</p> <p>Lunch Grilled Cheese Fries Fresh Baby Carrots Grapes</p>