



This institution is an equal opportunity provider.

OCTOBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST IS SERVED EVERYDAY! JOIN US TO START YOUR DAY OFF RIGHT!!!</p> <p>ALL STUDENTS MUST TAKE A SERVING OF FRUIT OR JUICE FOR BREAKFAST AND A FRUIT OR VEGETABLE FOR LUNCH</p> <p>SKIM, CHOCOLATE SKIM & 1% MILK AVAILABLE AT ALL MEALS</p> <p>100% FRUIT JUICE AVAILABLE AT BREAKFAST MEALS</p>	<p><u>Lunch Prices</u> Adult \$3.95</p> <p><u>Breakfast Prices</u> Adult \$2.90</p> <p>MENU SUBJECT TO CHANGE</p>			<p>Breakfast Whole Grain Cinnamon Roll Mandarin Oranges</p> <p>Lunch Chicken & Noodle Hot Dish Mashed Potatoes Fresh Baby Carrots Grapes Dinner Roll w/Butter (6-12)</p>
<p>4</p> <p>Breakfast French Toast w/ Syrup Apples</p> <p>Lunch Meatball Sub Ranch Potato Wedges Tossed Salad Peaches</p>	<p>5</p> <p>Breakfast Biscuit & Gravy Pineapples</p> <p>Lunch Popcorn Chicken Roll w/ Butter (6-12) Baked Beans Fresh Baby Carrots Creamy Cole Slaw Pears</p>	<p>6</p> <p>Breakfast Long John Tropical Fruit</p> <p>Lunch White Chicken Chili Sliced Bread w/ Butter Cherry Tomatoes Cucumber Slices Blueberries</p>	<p>7</p> <p>Breakfast Omelet Salsa Fresh Grapes</p> <p>Lunch Chicken Sandwich French Fries Steamed Broccoli Mandarin Oranges</p>	<p>8</p> <p>Breakfast French Toast Sticks w/Syrup Fruit Cocktail</p> <p>Lunch-HOMECOMING Sausage Pizza Peas Fresh Baby Carrots Apple Sauce</p>
<p>11</p> <p>Breakfast Waffles w/ Syrup Pears</p> <p>Lunch Pork Rib on a Bun Lettuce & Tomato Sweet Potatoes Puffs Apple</p>	<p>12</p> <p>Breakfast Whole Grain Cinnamon Roll Banana</p> <p>Lunch Soft Shell Taco Tortilla Chips w/ Salsa Lettuce and Tomatoes Refried Beans Fresh Strawberries</p>	<p>13</p> <p>Breakfast Breakfast Pizza Peaches</p> <p>Lunch Hamburger on a Bun Green Beans Tater Tots Fruit Cocktail Sugar Cookie</p>	<p>14</p> <p>Breakfast Egg Taco w/ Salsa Graham Cracker Grapes</p> <p>Lunch Goulash Broccoli Fresh Baby Carrots Roll w/ Butter Pineapples</p>	<p>15</p> <p>Breakfast Muffin Applesauce</p> <p>Lunch Chicken Quesadilla Tortilla Chips (9-12) Salsa Corn Garden Salad Orange</p>
<p>18</p> <p style="text-align: center;">NO SCHOOL</p>	<p>19</p> <p>Breakfast Biscuit & Gravy Fresh Oranges</p> <p>Lunch Chili Tortilla Chips (9-12) Red Pepper Strips Sliced Cucumbers Strawberries & Bananas Dinner Roll w/ Butter</p>	<p>20</p> <p>Breakfast Pancake w/ Syrup Apple</p> <p>Lunch Chicken Nuggets Mashed Potatoes w/ Gravy Tossed Salad Sliced Pears Cinnamon Roll</p>	<p>21</p> <p>Breakfast Chicken Biscuit Breakfast Sandwich Fruit Cocktail</p> <p>Lunch Scalloped Potatoes w/ Ham Green Beans Fresh Grapes Apple Crisp (9-12)</p>	<p>22</p> <p>Breakfast Pancake on a Stick w/ Syrup Fresh Strawberries</p> <p>Lunch Macaroni & Cheese Meatballs Breadstick (6-12) Baby Carrots Apple Salad</p>
<p>25</p> <p>Breakfast Waffles w/ Syrup Pineapples</p> <p>Lunch Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Apple Slices</p>	<p>26</p> <p>Breakfast Pancakes w/ Syrup Sausage Links Sliced Peaches</p> <p>Lunch Chicken Wrap Spanish Rice Corn Pears Chocolate Chip Cookie (9-12)</p>	<p>27</p> <p>Breakfast Whole Wheat Bagel w/ Toppings Strawberries</p> <p>Lunch Spaghetti w/ Meat Sauce Garlic Breadstick Garden Salad Green Beans Mandarin Oranges</p>	<p>28</p> <p>Breakfast Breakfast Wrap w/ Salsa Sliced Pears</p> <p>Lunch Taco Fiesta Tortilla Chips Lettuce & Tomato Refried Beans Peaches Cinnamon Roll (6-12)</p>	<p>29</p> <p>Breakfast Whole Grain Cinnamon Roll Mandarin Oranges</p> <p>Lunch Chicken & Noodle Hot Dish Mashed Potatoes Fresh Baby Carrots Grapes Dinner Roll w/Butter (6-12) Pumpkin Cookie</p>