

DAILY UPDATE

Weekly Events

Monday: 4:30 pm Girls Soccer @Sheldon
5:15pm JV then Varsity Boys Soccer vs. Sheldon @ Okoboji
Thursday- Saturday: Boys State Track @ Drake



Boys Track

District Champions

16 events for the STATE MEET! As a Team we scored 166 points; 92 points more than 2nd place.

Girls Track

9 events for the State Meet

HJ- Emma Hackbarth, LJ- Emma Henrickson, Discus- Fran Travis
3000m run- Lilly Irwin, 200m dash- MacKenzie Kauffman, 800m run- Katelyn Krieger
Sprint Medley- Mikayla Farmer, Carlie Jo Ahrenstorff,
MacKenzie Kauffman, Abby Scott
Distance Medley- Emma Henrickson, Abby Scott,
MacKenzie Kauffman, Katelyn Krieger
4x100 relay- Carlie Jo Ahrenstorff, Abby Scott, Addison Avery, MacKenzie Kauffman

Lunch Menu:

Hot Dog, French Fries,
Broccoli & Applesauce

Happy Birthday

May 14 Parker Lammers


Today May 16 Landon Mercer



State Tennis Bound



Catherine Straus- singles
Abbie Oleson
& Taylor Schneider -
doubles


**Volleyball meeting
next Wednesday,
May 18th, at 2:45
in the east gym.**

**Spirit Lake High School
2701 Hill Avenue
Spirit Lake, Iowa 51360
712-336-3707**

Nelson's News



<https://www.smores.com/hz3j7>

Email me pictures please



Connect

To get alerts from SLCSO text **SLINDIANS** to 69310

Send your photos for the announcements to: photos@spirit-lake.k12.ia.us