

Spirit Lake Schools Health Bulletin

2022-23

Illness Protocol

- If students have any signs of illness, **PLEASE KEEP THEM HOME!**
- Students/staff will be sent home with **ANY** temperature above 99.9°, as this has been and remains our school district policy. Students may return, if fever is the only symptom, when they have been fever free (without pain reducing medication for 24 hours).
- If students/staff have symptoms associated with COVID or its variants, **PLEASE STAY HOME** and consider following up with your Healthcare Provider and/or testing.
- Below are the return to school guidelines associated with COVID.

COVID Protocol (staff and students)

- Parents/staff must report positive COVID test results of students and staff to Katy Stokke (kstokke@spiritlakecsd.org) or 712-336-2822, ext 4380.
 - Positive individuals will need to quarantine for 5 days from symptom onset.
 - To return to school, in addition to the above 5 days, symptoms should be improved and individuals should be fever free for 24 hours, without pain reducing medication.
- Close contact does not require quarantine.
- Parents/students of close contact/direct exposure are asked to symptom monitor.
- **When symptoms develop after close contact with a positive COVID case:**
 - If the individual chooses to test and has a negative test result, the individual may return to school when they are fever and symptom free for 24 hours (without medication).
 - If the person chooses not to test after the symptoms develop, this will require the individual to stay home for 5 days from symptom onset

Masks/Face Coverings

The district does not require masks. However, the CDC continues to recommend that masks be worn following a positive COVID test when returning to school on days 6-10. Students/staff may wear a mask, at any time, if they personally choose.