



This institution is an equal opportunity provider.

## NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<b>Breakfast</b> Pancakes w/ Syrup Sausage Links Sliced Peaches  <b>Lunch</b> Crispito Spanish Rice Corn Fruit Cocktail Chocolate Chip Cookie (9-12) 2nd Choice Ham & Cheese Sub	<b>Breakfast</b> Whole Wheat Bagel w/ Toppings Strawberries  <b>Lunch</b> Spaghetti w/ Meat Sauce Garlic Breadstick Garden Salad Green Beans Mandarin Oranges 2nd Choice Italian Sub	<b>Breakfast</b> Scrambled Eggs w/ Diced Ham Sliced Peaches  <b>Lunch</b> Taco Fiesta Tortilla Chips Lettuce & Tomato Refried Beans Peaches 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Whole Grain Cinnamon Roll Mandarin Oranges  <b>Lunch</b> Chicken & Noodle Hot Dish Mashed Potatoes Fresh Baby Carrots Grapes Dinner Roll w/Butter (6-12) 2nd Choice Ham & Cheese Sub
7	8	9	10	11
<b>Breakfast</b> French Toast w/ Syrup Apples  <b>Lunch</b> Meatball Sub Ranch Potato Wedges Tossed Salad Peaches 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Biscuit & Gravy Pineapples  <b>Lunch</b> Popcorn Chicken Roll w/ Butter (6-12) Baked Beans Fresh Baby Carrots Creamy Cole Slaw Pears 2nd Choice Ham & Cheese Sub	<b>Breakfast</b> Long John Tropical Fruit  <b>Lunch</b> Chili Sliced Bread w/ Butter Cherry Tomatoes Cucumber Slices Blueberries 2nd Choice Italian Sub	<b>Breakfast</b> Omelet Salsa Fresh Grapes  <b>Lunch</b> Chicken Sandwich French Fries Steamed Broccoli Mandarin Oranges 2nd Choice Turkey & Cheese Sub	NO SCHOOL
14	15	16	17	18
<b>Breakfast</b> Waffles w/ Syrup Pears  <b>Lunch</b> Pork Rib on a Bun Lettuce & Tomato Sweet Potatoes Puffs Apple 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Whole Grain Cinnamon Roll Banana  <b>Lunch</b> Soft Shell Taco Tortilla Chips w/ Salsa Lettuce and Tomatoes Refried Beans Fresh Strawberries 2nd Choice Ham & Cheese Sub	<b>Breakfast</b> Breakfast Pizza Peaches  <b>Lunch</b> Corn Dog Green Beans Tater Tots Fruit Cocktail Sugar Cookie 2nd Choice Italian Sub	<b>Breakfast</b> Egg Taco w/ Salsa Grahm Cracker Grapes  <b>Lunch</b> Goulash Broccoli Fresh Baby Carrots Roll w/ Butter Pineapples 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Muffin Applesauce  <b>Lunch-Thanksgiving Meal</b> Turkey Mashed Potatoes w/ gravy Corn Garden Salad Apple Crisp 2nd Choice Ham & Cheese Sub
21	22	23	24	25
<b>Breakfast</b> Cake Donut Sausage Patty Pears  <b>Lunch</b> Hamburger on a Bun Lettuce & Tomato French Fries Peaches 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Biscuit & Gravy Fresh Oranges  <b>Lunch</b> Popcorn Chicken Tortilla Chips (9-12) Red Pepper Strips Sliced Cucumbers Strawberries Cinnamon Roll 2nd Choice Ham & Cheese Sub	NO SCHOOL		NO SCHOOL
28	29	30		
<b>Breakfast</b> Waffles w/ Syrup Pineapples  <b>Lunch</b> Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Apple Slices 2nd Choice Turkey & Cheese Sub	<b>Breakfast</b> Pancakes w/ Syrup Sausage Links Sliced Peaches  <b>Lunch</b> Crispito Spanish Rice Corn Fruit Cocktail Chocolate Chip Cookie (9-12) 2nd Choice Ham & Cheese Sub	<b>Breakfast</b> Whole Wheat Bagel w/ Toppings Strawberries  <b>Lunch</b> Spaghetti w/ Meat Sauce Garlic Breadstick Garden Salad Green Beans Mandarin Oranges 2nd Choice Italian Sub	BREAKFAST IS SERVED EVERYDAY! JOIN US TO START YOUR DAY OFF RIGHT!!!  ALL STUDENTS MUST TAKE A SERVING OF FRUIT OR JUICE FOR BREAKFAST AND A FRUIT OR VEGETABLE FOR LUNCH  SKIM, CHOCOLATE SKIM & 1% MILK AVAILABLE AT ALL MEALS  100% FRUIT JUICE AVAILABLE AT BREAKFAST MEALS	<b>Lunch Prices</b> TK/K-4th \$2.95 5th-12th \$3.25 Adult \$4.15  <b>Breakfast Prices</b> TK/K-12 \$2.45 Adult \$2.90  MENU SUBJECT TO CHANGE