

# Activity Year End Reports



**2022-23**

## SPIRIT LAKE OKOBOJI GIRLS TENNIS – 2023

**Coach Bob O'Hara**

**Assistant Coach: Bryan Lovan**

Dual Matches-Team  
Varsity Girls Won- 13 Lost- 1  
JV Girls Won- 8 Lost- 0

Tournaments Played- Placed  
Conference tournament... 1<sup>st</sup>  
Spencer tournament... Not held

Conference Record: Won- 10 Lost- 0

Conference standing **1<sup>st</sup> undisputed Lakes conference champions**

IHSAA Tournament Record: Won- 2 Lost- 1 **State quarter-finalist**

# of Participants **47** 9<sup>th</sup> (3) 10<sup>th</sup> (4) 11<sup>th</sup> (2) 12<sup>th</sup> (1)

# of Participants from Okoboji - 8<sup>th</sup> (1) 9<sup>th</sup> (3) 10<sup>th</sup> (2) 11<sup>th</sup> (4) 12<sup>th</sup> (4)

### **All Conference Awards & State Qualifiers:**

Catherine Straus- 1<sup>st</sup> team all conference / State qualifier / Lakes conference Player of the Year

Taylor Schneider - 1<sup>st</sup> team all-conference / State qualifier

Abbie Oleson - 1<sup>st</sup> team all-conference / State qualifier

Emma Straus - 1<sup>st</sup> team all-conference

Izzie Wycoff - Honorable mention all-conference

Mikayla Mingus - Honorable mention all-conference

### **Letter Winners:**

1. Catherine Straus **MVP** 2. Taylor Schneider 3. Abbie Oleson 4. Emma Straus 5. Izzie Wycoff 6. Mikayla Mingus 7. Lauren Ditsworth 8. Gace Downing

### **\*All-Conference Academic Achievement Award**

### **Tournament place winners:**

Catherine Straus – 1<sup>st</sup> place regional singles / 1<sup>st</sup> place Lakes tournament / 3<sup>rd</sup> place at state singles

Taylor Schneider – 1<sup>st</sup> place regional doubles / 1<sup>st</sup> place Lakes tournament #1 doubles

Abbie Oleson – 1<sup>st</sup> place regional doubles / 1<sup>st</sup> place Lakes tournament #1 doubles

Emma Straus – 1<sup>st</sup> place Lakes tournament #2 singles

Izzie Wycoff – 2<sup>nd</sup> place Johnston tournament #2 doubles / 1<sup>st</sup> place Lakes tournament #2 doubles

Mikayla Mingus – 2<sup>nd</sup> place Johnston tournament #2 doubles / 1<sup>st</sup> place Lakes tournament #2 doubles

### **Individual Records:**

Catherine Straus – 25-3 singles; career 72-12 / doubles 8-1 career 20-5

Taylor Schneider – 9-2 singles; career 40-7 / doubles 19-6 career 52-13

Abbie Oleson – 10-6 singles; career 40-20 / doubles; 16-4 career 39-11

Emma Straus – 13-2 singles; career 27-7 / 11-3 doubles; career 25-9

Izzie Wycoff – 11-0 singles; career 23-6 / 17-2 doubles; career 41-6

Mikayla Mingus – 10-2 singles; career 18-6 / 18-2 doubles; career 34-5

Lauren Ditsworth – 4-0 singles; career 7-3 / 8-2 doubles; career 9-3

Elli Richter – 1-0 singles; career 1-1 / 1-0 doubles; career 1-1

Cambrie Kleckner – 3-2 doubles; career 4-2

# SPIRIT LAKE

## 2023 Year End Report

Sport: Middle School Girls Track

Coaches: Doug Stueven and Beau Dielschneider

Participation #'s (Individualized by Grade):

8th - 20

7th - 15

It was a great season! We saw ourselves winning most meets and competing at a very high level. Our girls won the conference in both 7th and 8th grade. We also saw school records in the long jump, 7th grade 4x1, the 100 hurdles, the 200 hurdles and the 8th grade 4x4.

Inventory Needs:

- Batons

- Spikes for shoes

# SPIRIT LAKE

## End of Season Report 2023

Sport: MS Boys Track

Coaches: **Dave DeWild and Roland Schmidt**

Record/Meet Finishes:

Cherokee Triangular:

Standings			
7th Grade	Pts	8th Grade	Pts
Spirit Lake	111.5	Spirit Lake	95
Storm Lake	36.5	Storm Lake	62
Cherokee	26	Cherokee	20

Sibley Invitational:

Standings				
Spirit Lake 8th	156.50	Spirit Lake 7th	44.00	First Place
Okoboji A	121.00	George Little Rock	36.00	Second Place
Okoboji B	82.00	Harris-Lake Park	29.50	Third Place
Sibley Ocheyedan	67.00	HMS	15.00	Fourth Place
				Fifth Place

Sioux Central Invitational:

Standings				First Place
Spirit Lake 8th	174	Newell-Fonda	58	Second Place
Spencer 8th	167	Mason NW Webster	40	Third Place
Sioux Central	135	Spirit Lake 7th	30	Fourth Place
Spencer 7th Boys	72	Storm Lake St. Marys	4	Fifth Place
				Sixth Place

Spencer Quad:

<b>Standings</b>			
<b>7th Grade</b>		<b>8th Grade</b>	
Spirit Lake	86.5	Spirit Lake	72.5
Spencer	52	Spencer	62
ELC	28	Sheldon	33.5
Sheldon	10.5	ELC	6

**Estherville Quad:**

<b>Standings</b>			
<b>7th Grade</b>	<b>Pts</b>	<b>8th Grade</b>	<b>Pts</b>
Spirit Lake	116.5	Spirit Lake	111
Estherville-LC	67.5	Estherville-LC	64
Emmetsburg	43	GTRA	30
GTRA	6	Emmetsburg	26

**Hartley Invitational:**

<b>Standings</b>			
<b>Overall Standings</b>			
Spirit Lake 8th	186	HLP	41
LeMars Gehlen	110	HMS	36
Spirit Lake 7th	107	Remsen St. Mary's	9
Alta-Aurelia	61		

**Lakes Conference Track Meet:**

Standings			
7th Grade		8th Grade	
Spirit Lake	140	Spirit Lake	123
Spencer	95	Spencer	109
Storm Lake	64	Storm Lake	69
ELC	48	Cherokee	42
Cherokee	31	Estherville	29

**Participation #'s (Individualized by Grade):**

8th Grade: 20

7th Grade: 35

**Special Awards:**

- Ty Higgins broke the 7th Grade Spirit Lake Middle School record in the 100 M Dash (11.71 s), the 200 M Dash (25.23 s) and the 400 M Dash (56.94 s).
- The 10 Flight Shuttle Hurdle team of Cael Cornell, Bennett Stecker, Chase Pritts and Jaizik Miller broke the 8th Grade Spirit Lake Middle School record with a time of 1:05.28.

**Suggestions for next year:**

- Move the MS Choir Concert off of the date of the Sioux Central Invitational. We have been going to this meet since 2019. This conflict has only come into existence the last two years.
- Get ribbons and/or medals for Lakes Conference meets of 4 or more schools.
- Buy some Middle School Track Records Boards to display our track history in the middle school.

**Inventory Needs:**

- 10 new batons
- 2 new discs
- 2 shot puts
- 1/8 inch spikes (200 qty)

**Extra Comments:**

This year we had a record number of middle school boys out for track. In all, we had 55 boys competing this year. This was great to see although it did present some

challenges as well. For one, we had to order additional sweat pants and shirts (Thank you Rachel!) and it became difficult at times to find an event for every 7th grader in the meets with very limited participation (like the Lakes Conference Meet). However, the positives outweigh the negatives by far. During the majority of meets, Coach Schmidt was able to get everyone involved and he did a great job of working with the kids to get them into events that they enjoyed doing.

In terms of outcomes, our team was not only large but also very successful on the track. Our 8th Grade Boys Track team finished the year undefeated and finished the season as the Lakes Conference Champions for the third year in a row. Our 7th Grade Boys Track team also finished the year undefeated (against other 7th grade teams) and won the Lakes Conference Championship by a wide margin (45 points!). So overall, it was a very successful year in terms of both participation and performance.

Thank you for all you have done Rachel to support our continued efforts to build a feeder track program for our highly successful high school track programs. It truly is an honor to be a part of all of the great things going on on the track in our school.

If you have any questions about this report Rachel please feel free to reach out to us.

Thank you,  
Dave DeWild  
Roland Schmidt

# SPIRIT LAKE

## Year End Report

**Sport:** 2022-2023 Middle School Girls Wrestling

**Coaches:** Andrew Lundgren (Co-Head)  
Rick Maris (Co-Head)

**Participation #s:** **9 Total Members (8 Spirit Lake and 1 Lake Park)**  
7 - 8th Graders  
2 - 7th Graders

### Suggestions for Next Year:

#### Scheduling

##### 2023/2024 Season:

11/10 - Sioux Center  
11/16 - MOC  
11/18 - Emmetsburg  
11/20 - West Lyon  
12/1 - Okoboji  
12/18 - Spirit Lake

#### Coaching

1-2 MS Wrestling Coaches (Same as Boys???)

### Inventory Needs:

- Singlets through Booster Club

### Inventory Wants:

- Additional Practice Space



# SPIRIT LAKE

## Year End Report

**Sport:** 2022-2023 Middle School Boys Wrestling

**Coaches:** Isaac Dixon (Co-Head)  
Matt Barnhart (Co-Head)

**Participation #s:** **19 Total Members (17 Spirit Lake and 2 Lake Park)**  
10 - 8th Graders  
9 - 7th Graders

### Suggestions for Next Year:

#### Scheduling

##### 2023/2024 Season:

1/15 - Spencer  
2/1 - Estherville  
2/6 - Okoboji  
2/8 - Emmetsburg  
2/9 - Rock Rapids (CL/GLR)  
2/12 - HMS  
2/20 - Spirit Lake  
2/22 - Sheldon  
2/27 - Spencer

#### Coaching

Keep Same Coaching Staff

### Inventory Needs:

Same as High School Needs

### Inventory Wants:

- Additional Practice Space???

# SPIRIT LAKE

## Year End Report

**Sport:** 2022-2023 Boys and Girls Wrestling

**Coaches:** Andrew Lundgren (Head)  
John Tuttle (Assistant - Spirit Lake)  
Eric Burnette (Assistant/Girls Coach - Lake Park/Spirit Lake)  
Dana Bergmann (Assistant - Spirit Lake)  
Matt Barnhart (MS)  
Isaac Dixon (MS)

**Team Record:** 2-21 Overall Record  
1-4 Conference Record (4th)

**Participation #s:** **Boys**  
16 Team Members (13 Letter Winners)  
    3 Seniors (3 Letter Winners)  
    4 Juniors (2 Letter Winners)  
    5 Sophomores (5 Letter Winners)  
    4 Freshman (3 Letter Winners)  
11 - Spirit Lake Members, 5 - Lake Park Members  
**Girls**  
5 Team Members (5 Letter Winners)  
    0 Seniors  
    1 Juniors (1 Letter Winners)  
    1 Sophomores (1 Letter Winners)  
    3 Freshman (3 Letter Winners)  
5 - Spirit Lake Members, 0 - Lake Park Members

**Special Awards:****Individual**

1st Team All-Lakes Conference

Jack Wajda, Gabe Poolman, Logan Sandman

State Qualifiers

160 Jack Wajda (6th)

182 Gabe Poolman

220 Kaine Clinkenbeard

**End of Season Awards**

Captains: Aurora Preston, Gabe Poolman, Jack Wajda

Most Improved Freshman/Sophomore: Kaine Clinkenbeard

Most Improved Junior/Senior: Logan Sandman

Most Improve Girl: Jaimee Hazelett

Most Valuable Wrestler: Jack Wajda

INDIAN Award: Wyatt Wittrock

**Academic Awards:** All-Academic Lakes Conference:

Jack Wajda (1st), Brandon Hughes (1st), Bowden Barnhart (1st)

Logan Sandman (HM)

**Suggestions for Next Year:****Girls Wrestling**

- Coaching - Separate Head Coaching Position and shared assistant between boys/girls programs.
- Schedule - Look to add meets/tournaments and host something at home

**Scheduling**

- Emmetsburg Tournament for 23/24 Season
- Leaves us with one open date to fill...if needed.

**Coaching Changes**

- Boys - 1 Head and 2 Assistants
- Girls - 1 Head and 1 Assistant

**Inventory Needs:**

- Basic Year to Year Purchases (Headgear, Mat Tape) (For Both Programs)

**Inventory Wants:**

- Additional Practice Space

# **SPIRIT LAKE**

**Sport: 8th grade Girls Basketball January to February 2023**

**Coaches: Chambers and Stueven**

**Team Record: A - 10 wins and 1 losses Scored an average of 43 pts. The team gave up an average of 25 pts, so a winning margin of about 18 points.**

**B - 6 wins 5 losses**

**Participation #'s (Individualized by Grade):**

**We had 13 girls out for the season. The girls were dedicated and very coachable. We had a few injuries at the end of the season, but others stepped up and filled roles needed.**

**Notes from the year:**

**This group of girls has also played together with parent coaching for 3 or 4 years. It is a valuable experience and gives the athletes a good foundation from which to build. If at all possible, having our varsity coach meet with and encourage certain specifics be taught and coached, it would allow for a continuation of skills and program building. This group was solid and grew in skills and confidence. This group also beat teams this year they had not yet beaten at all last year.**

**Suggestions for next year:**

**The schedule was ok, busy at times with less practice time than needed at times. If possible can the Athletic Directors discuss the "no press" rule for the B teams? If possible we would like the girls to be able to play as normal, allowing for turn overs and rebounding after a shot to give them a real feel for the game. After a 15 or so point lead the pressure is not allowed. This could also be decided by the coaches on a game by game basis.**

**Inventory Needs:**

**Basketballs were a little of an issue to start the season. Others have access to the ball rack and balls were missing at times. Coach Butler chose to store the ball rack in his room so that they would not be "borrowed".**

7th Grade Boys' Basketball

2022 Season

End Of Season Report

Terry Butler

Dave Frostestad

[Recommendations for next year:](#)

**Move game vs Okoboji Home Monday November 28th to the Tuesday November 29th**

**12 Basketballs**

## 2022-23 7th Grade Boys' Basketball Roster

Name	Position	Number	W	L
		A-Squad	7	2

Grady Bonrud  
Kyson Jalas  
Cole Donnenworth  
Beckett Halbersma  
Tyler Vodraska  
Max Graves  
Ty Higgens  
Jackson Morrison  
Brett Orpen  
Josh Hellickson  
Kollin Johnson  
Grant Meyer  
Wylie Hanson  
Blake Hagedorn  
Damien Vande Hoef  
Trayven Selzer  
Adrian Ontiveros  
Ben Watson

<b>Tech Support</b>		W	L
Olivia Renken	B-Squad	6	3
Piper Marx	C-Squad	8	0

### Coaches

Head Coach: Terry Butler

Assistant Coach: David Frostestad

# Year End Report 2022

**Sport: Football**

**Coaches: Josh Bolluyt, Terry Bruinsma, Clint Profit, Brad Travis, Clint Loveall, Rob Cunningham, Austin Steichen, Rick Maris, Paul Brown, Bryson McCabe, Brady Dicks, and Erick Turner.**

**Record:**

**Varsity 10-1 (District Champs, Quarterfinals)**

**JV 5-2**

**9th 5-2**

**Participation #'s (Individualized by Grade):**

**9th - 24**

**10th - 25**

**11th - 10**

**12th - 17**

**Special Awards:**

<b>First Team All District</b>	
D Player of the year	Tyler Voss
Lineman of the Year	Evan Beck
Justyn Hamm	Defense Utility & kicker
Bode Higgins	RB
Drew Alger	DB
Jake Cornwall	LB
Tyler Voss	DL
Jake Wallin	TE <b>Booster Club wants-</b>

	<b>Endzone camera-\$2500</b> <b>Headsets - ??</b> <b>Extra game pants - need with growing roster</b>  <b>Extra Comments:</b>  <b>Thank you for the support!</b>
Owen Lalumendre	LB
Josiah McQuown	OL
Evan Beck	OL
Owen Meerbeek	OL
Gabe Poolman	DL

<b>Honorable Mention</b>
Cale Quiring
Dylan Stecker
Braden Theesfeld
Will Graves
Kaleb Lee
Caden Hassel
Cade Lundt
Ethan Carlson

Academic All-District 3.5+	<b>Academic All-State 3.7</b>
Drew Alger	Drew Alger
Jake Cornwall	Jake Cornwall
Tyler Voss	Tyler Voss
Braden Theesfeld	Braden Theesfeld
Kaleb Lee	Kaleb Lee
Caleb Reuter	Caleb Reuter
Justyn Hamm	
Bode Higgins	
Dylan Stecker	
Caden Hassel	
Ethan Stecker	
Cade Lundt	
Joey Andres	
Jake Wallin	
Evan Beck	
Josiah McQuown	
Owen Meerbeek	
Dillon Ferguson	

## **Suggestions for next year**

### **Inventory Needs:**

**Helmet reconditioning HS & MS on average \$5,000**

**High School - 16+ new helmets and shoulder pads - \$7500**

**(We Have a big group of 8th graders coming in to the program)**

**Middle School needs helmets - \$1500**

**Middle School new shoulder pads - \$1500**

**New Footballs - 20 - \$1800**

**Middle school footballs - \$600**



# **SPIRIT LAKE**

## **End of Season Report 2022**

**Sport:** Middle School Cross Country

**Coaches:** David Frostestad

**Record:** NA

**Participation #'s (Individualized by Grade):** 14 (10-7th graders & 4-8th graders)

**Special Awards:** Boys Team won 3 meets and placed 4th at the Class 2A Statewide Meet in Ankeny. Jace Hungerford was the individual champion at 6 meets including at the Lakes Conference Meet. Bethany Frostestad, Jace Hungerford, and Keagan VandeHoef were All-Conference Athletes (placed in the top 10). Bethany Frostestad, Anna Pritchard, Cadence VandeHoef, Jace Hungerford, Keagan VandeHoef, Lukas Chappas, and Damian VandeHoef were medalists at the Statewide Meet.

**Academic Awards:** N/A

### **Suggestions for next year:**

Just a similar question of whether or not we host our home meet due to the low number of teams attending. If Spencer and ELC come again like this year, then having a meet makes sense. If only us and Okoboji, then I think we need to re-evaluate. I also might look at whether we adjust our schedule to be able to keep the Algona Meet which would mean dropping one meet.

### **Inventory Needs:**

Medals for home meet. Number of medals depends on how many schools attend.

# SPIRIT LAKE End of Season Report

**Sport: 8th Grade Volleyball**

**Coaches: David DeWild and Doug Stueven**

**Record:**

**A Team: 14-10 (58%)**

**B Team: 5-19 (20.8%)**

**C Team: 17-8 (68%)**

**Total: 36-37 (49.3%)**

A Team	Game 1	Game 2	Game 3	Record
vs. Spencer	19-25	13-25	15-10	1-2
vs. Okobojo	17-21	16-21		0-2
vs. E'ville	21-8	21-11	15-4	3-0
vs. E'burg	25-10	25-21	15-17	2-1
vs. Storm Lake	21-15	22-20		2-0
vs. E'burg	23-21	21-14	15-8	3-0
vs. Okobojo	10-21	17-21		0-2
vs. Spencer	19-21	15-21	8-15	0-3
vs. E'ville	21-18	21-7	15-11	3-0
Overall Record		Wins	Losses	Winning%
		14	10	58.3

B Team	Game 1	Game 2	Game 3	Record
vs. Spencer	19-25	25-15	4-15	1-2
vs. Okobojo	12-21	12-21		0-2
vs. E'ville	19-21	21-16	13-15	1-2
vs. E'burg	25-18	23-25	13-15	1-2
vs. Storm Lake	10-21	22-24		0-2
vs. E'burg	23-21	15-21	13-15	1-2
vs. Okobojo	18-21	7-21		0-2
vs. Spencer	17-21	17-21	13-15	0-3
vs. E'ville	21-10	13-21	14-16	1-2
Overall Record		Wins	Losses	Winning%
		5	19	20.8

C Team	Game 1	Game 2	Game 3	Record
vs. Spencer	25-15	25-14	3-15	2-1
vs. Okobojo	13-21	21-18	13-15	1-2
vs. E'ville	21-10	21-14	15-1	3-0
vs. E'burg	21-13	18-21		1-1
vs. Storm Lake	21-16	22-20	15-4 15-11	4-0
vs. E'burg	21-18	15-21		1-1
vs. Okobojo	20-22	15-21		0-2
vs. Spencer	21-17	21-14	10-15	2-1
vs. E'ville	21-15	21-12	15-6	3-0
Overall Record		Wins	Losses	Winning%
		17	8	68.0

Combined Record			
2021	Win	Losses	Winning %
	36	37	49.3

**Participation #'s:**

**Total 8th Grade Players: 23**

**Special Awards:**

**-N/A**

**Academic Awards:**

**-N/A**

**Suggestions for next year:**

-It would be nice to move the last playing date with Estherville off of a PD day. It is now a PD day for Estherville as well so they may be more willing to move it now.

-Continued communication with competitor schools about grade level teams (number of teams each school has, order of games, how many games will be played, and how many nets will be used).

-It would be great if the middle school volleyball coaches were made aware of volleyball coaching clinic opportunities in order to further develop not only our understanding of the game but also the drills that would help us further strengthen an already very good 7-12 volleyball program.

**Inventory Needs:**

-We would like to purchase something to help us work with our hitters. It is so hard for these young girls to develop the timing of hitting. In order to help them accomplish this, it would be nice to have a tool at our disposal for holding the ball still above the net so they

would work on the approach and the swing without the additional variable of timing the point of contact.

-Something as cheap and simple as this might work. We would want 2 of these for 8th grade use:

[https://www.amazon.com/Volleyball-Training-Original-Spike-Trainer/dp/B00VVSAPJQ/ref=zg\\_bs\\_3421081\\_scc1\\_11/142-0682584-7269841?pd\\_rd\\_i=B00VVSAPJQ&psc=1](https://www.amazon.com/Volleyball-Training-Original-Spike-Trainer/dp/B00VVSAPJQ/ref=zg_bs_3421081_scc1_11/142-0682584-7269841?pd_rd_i=B00VVSAPJQ&psc=1)

-We would also like some inexpensive setting training devices like this:

[https://www.amazon.com/Skylety-Volleyball-Technique-Equipment-Preventing/dp/B08VDR TLCJ/ref=zg\\_bs\\_3421081\\_scc1\\_36/142-0682584-7269841?pd\\_rd\\_i=B08VDRTLCJ&psc=1](https://www.amazon.com/Skylety-Volleyball-Technique-Equipment-Preventing/dp/B08VDR TLCJ/ref=zg_bs_3421081_scc1_36/142-0682584-7269841?pd_rd_i=B08VDRTLCJ&psc=1)

#### Extra Comments:

-Jerseys are inventoried and stored in Coach DeWild's classroom.

-This is a great group of girls. They are extremely coachable, have a passion for the game of volleyball and work well with each other. I am certain that this group will continue to grow and develop under the tutelage of our high school coaches and will have successful high school careers. Our high school coaches are going to love working with them over the next few years just as we have this year.

# Spirit Lake

## End of Year Report 2022-2023

**Sport:** 8th Grade Football

**Coaches:** Ross Ackertman/Craig Tillotson

**Number of Participants:** 28

**Record:** 2-4

**Inventory needed:** youth large and medium pants/New game jerseys

**Extra comments:** Is there a way we could change the schedule so we don't have two games in a week?

Everything has been returned, washed, and put away.

7th Grade Girls' Basketball  
2023 Season  
11 Participants  
3 Managers

Terry Butler  
Craig Tillotson

Mr. Tillotson and I enjoyed the season. It was a blast coaching 7th-grade girls. Having a positive relationship with the players before the season starts is crucial for our success.

**Recommendations for next year:**

Move the last game (Eburg) February 20th Monday to the previous week Monday or Tuesday

**Participants 2022-23**

<b>Players</b>	<b>Number</b>	<b>W</b>	<b>L</b>
	(A-Squad)	10	1
Julliette Wassenaar	2		
Piper Marx	3		
Anna Pritchard	10		
Addelyn Petersen	11		
Braylynn Bledsoe	14		
Marie Meuting	21		
Isabelle Vander Leest	23		
Olivia Renken	25		
Anna Tullis	41		
Elsie Otto	50		
McKenna Beck	53		

<b>W</b>	<b>L</b>
(B-Squad)	8 3

Mr. Terry Butler (Co-Head Coach) Mr. Craig Tillotson (Co-Head Coach)  
Olivia Leistikow (Statistics) Reece Hartzell (Statistics) McKenzie  
Barthole

# SPIRIT LAKE End of Season Report

**Sport: 7th Grade Volleyball**

**Coaches: Whytne Clancy & Terry Butler**

**Record:**

**A Team: 24-0 (100%)**

**B Team: 19-5 (79.2%)**

**C Team: 16-8 (66.7%)**

**Total: 59-13 (81.9%)**

A Team	Game 1	Game 2	Game 3	Record
vs. Spencer	21-6	21-4	15-8	3-0
vs. Okoboji	21-14	21-3	15-8	3-0
vs. E'ville	21-4	21-14	15-5	3-0
vs. E'burg	21-11	21-13	X	2-0
vs. Storm Lake	21-8	21-10	X	2-0
vs. E'burg	21-11	21-13	X	2-0
vs. Okoboji	21-14	21-3	15-8	3-0
vs. Spencer	21-6	21-4	15-8	3-0
vs. E'ville	21-4	21-14	15-5	3-0
Overall Record		Wins	Losses	Winning%
		24	0	100.0

B Team	Game 1	Game 2	Game 3	Record
vs. Spencer	17-21	15-21	16-14	2-1
vs. Okoboji	17-21	21-18	15-17	1-2
vs. E'ville	21-3	21-9	15-4	3-0
vs. E'burg	21-18	21-14	X	2-0
vs. Storm Lake	21-9	21-0	X	2-0
vs. E'burg	21-18	21-14	X	2-0
vs. Okoboji	17-21	21-19	15-17	1-2
vs. Spencer	21-17	21-17	15-13	3-0
vs. E'ville	21-3	21-9	15-4	3-0
Overall Record		Wins	Losses	Winning%
		19	5	79.2

C Team	Game 1	Game 2	Game 3	Record
vs. Spencer	5-21	21-19	13-15	2-1
vs. Okoboji	19-21	21-14	15-10	2-1
vs. E'ville	21-19	26-22	9-15	2-1
vs. E'burg	21-18	21-9	X	2-0
vs. Storm Lake	21-19	19-21	X	1-1
vs. E'burg	21-18	21-9	X	2-0
vs. Okoboji	19-21	21-14	15-10	2-1
vs. Spencer	5-21	21-19	13-15	1-2
vs. E'ville	21-19	26-22	9-15	2-1
Overall Record		Wins	Losses	Winning%
		16	8	66.7

Combined Record	Win	Losses	Winning %
2022	59	13	81.9

## Participation #'s (Individualized by Grade):

**Total 7th Grade Players: 18**

## Special Awards:

**-N/A**

## Academic Awards:

**-N/A**

## Suggestions for next year:

-Continued communication with competitor schools about grade level teams (number of teams each school has, order of games, how many games will be played, and how many nets will be used).

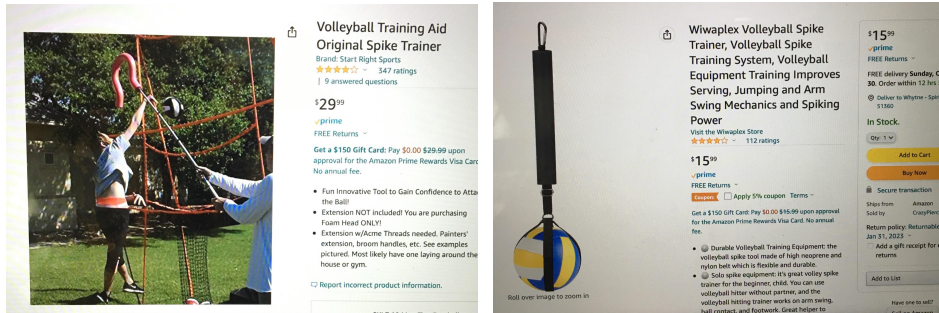
-Questions about equipment use for volleyball and PE, especially when it comes to volleyballs and where equipment is stored during in season use

## Inventory Needs:

-Jerseys are inventoried and stored in Coach Clancy's classroom.

## Equipment Needs:

-We would like to purchase a solo spike to make sure we can skill build with players and teach the proper skills in new challenging ways.



### Extra Comments:

-It was a wonderful season full of learning and trying new things. We have greatly enjoyed coaching this season's 7th grade volleyball players. They were a high energy group that brought in a love and passion for the game of volleyball. They were eager to learn and develop their skills and understanding of the game. They worked well together, encouraged each other, and wanted to be successful. We look forward to coaching next year's 7th graders and hope to continue to help build a strong volleyball program within the middle school full of athletes who enjoy the game of volleyball and want to continue to grow in their skills and understanding.

# **SPIRIT LAKE**

**Sport: High School Baseball**

**Coaches: Ross Ackerman, Nick Christensen & Quinn Hussey**

**Team Record: Varsity- 9-17**

**Participation #'s (Individualized by Grade):**

**12- 4**

**11- 6**

**10- 9**

**9- 9**

**8- 11**

**Special Awards:**

**1st team all district: Jake Cornwall**

**1st team all conference: Braden Theesfeld, Jack Wajda, Jake Cornwall**

**Suggestions for next year:**

**We hosted a Dickinson County tournament that went really well.**

**Inventory Needs:**

**The new infield was terrific! Thank you to all who donated. We will be asking the booster club for new uniforms.**



# **SPIRIT LAKE**

**Sport: High School Softball**

**Coaches: Rachel Fisher, Scott Chambers, Jason Schneider & Alan Ditsworth**

**Team Record: Varsity- 19-12**

**Participation #'s (Individualized by Grade):**

**12- 1**

**11- 2**

**10- 6**

**9- 8**

**8- 10**

**Special Awards:**

**1st team all district: Stella Donkersloot**

**1st team all conference: Morgan Fine, Olivia Whiting, CJ Ahrenstorff, Taylor Schneider**

**2nd team all conference: Emma Whiting**

**Suggestions for next year:**

**This was Rachel's last season as head coach. She will focus on her family and also continue to be the athletic director for the school.**

**Inventory Needs:**

**The next coach will decide what the team will ask the booster club for.**

## **High School Band Results 2022-23**

### **Waseca Marching Classic**

2nd Place Class AA

Herb Streitz Spirit Award

### **Starfest**

1st Place Class 3A Prelims

Best Dancer: Maggie McKim, Best Fan Section

3rd Place Finals

### **IHSMA State Marching Contest**

Division I Superior Rating

### **Dutchmen Field Championship**

1st Place Class 3A

Best Color Guard, Best Hornline, Best Visual Performance

### **All State Band**

Zach Fisher- Alto Sax 1

Blane Fuller- Cornet 3

Mikayla Mingus- 1st Alternate, Flute

Callie Taylor- First Alternate, Bari Sax

### **All State Orchestra**

Megan Sandison- Horn 1

## **NWIBA Honor Band**

Mikayla Mingus- Flute

Anna Frangenberg- Flute

Isaac Ostovic- Alto Sax

Ivan Zheng- Tenor Sax

Callie Taylor- Bari Sax

Blane Fullmer- Trumpet

Blake Fullmer- Trumpet

Megan Sandison- Horn, 1st Chair

Owen Meerbeek- Trombone

Sam Hawkins- Euphonium

Sage Gathercole- Tuba

## **Jazz Band**

ILCC Jazz Band Contest 3rd Place Class 3A

Division I Rating IHSMA State Jazz Band

3rd Place Class 3A NWIBA District Jazz Band Festival

## **Solo/Ensemble Contest**

31 Division I Ratings

12 Division II Ratings

1 Division III Rating

Outstanding Performance in Center 3, Zac Fisher Alto Sax

Outstanding Performance in Center 4, Sam Hawkins Euphonium

5- Perfect Scores: Zac Fisher Alto Sax, Sam Hawkins Euphonium, Megan Sandison Piano, Callie Taylor Bari Sax, Tucker Nikkel Horn

14- 1 Point Perfect Scores

### **Large Group Contest**

Division I Rating