

Nurse Year-end Report 2022-2023

Goals 2022 - 2023

1. Wellness Team

- a. The Wellness team was given to Beth Krummen to lead. There were no meetings in the 22/23 school year. Angela Olsen has set up Wellness team meetings to resume in the fall. I plan to continue to be a member of the Wellness team.

2. Identify and utilize best practice in delivery and development of health education to our students.

- a. *5th grade puberty- video from Proctor and Gamble "Growing Up" Program.*

We used the Proctor and Gamble Growing Up program. The company no longer provides free samples or booklets. Terry Bruinsma authorized payment to AEA for printing the bulletins and our Middle School Pie collected bags and gave \$150 to purchase samples for the 5th grade puberty lesson

- b. 7th grade STD/puberty lesson

Presented the 7th STD lesson 4 times.

3. Offer nursing care to buildings as student needs require.

- a. Beth Krummen worked in the Middle School nurse office from 10 am to 11:45 am, She was available in the High School nurse office in the afternoon.
- b. Katy Stokke worked in the Elementary nurse office in the mornings and afternoons covering the Middle School nurse office from 11:30 am to 12:30 pm.

4. Organize each nursing office to effectively and efficiently deliver health care.

- a. Kasey Huebner authorized a new desk for the Elementary nurse office. With the new desk the office is updated and easier to sanitize.
- b. Continued using the med carts purchased during Covid in the Elementary and Middle School offices. They are placed near the doorway to administer daily medications and minor first aid. This is in an effort to keep sick children away from well children.

5. Continue implementation and utilization of health service documentation with Infinite Campus.

- a. Manually entered all new student immunization records into Infinite Campus
- b. All vision screens and rescreens have been entered into Infinite Campus

The nurse's office had a total of 6799 student visits (up 1590 from last year)

54 students with serious health condition

22 severe allergy, 6 diabetics, 4 seizure, 4 Celiac, 8 other conditions

Not including 30 students with asthma, and 16 students with a psychiatric disorders

26 students with daily medication

2962 visits for daily medication

1027 over the counter medication and as needed prescription medications given

1277 parent contacts

349 students sent home due to illness

12 students sent to doctor for further evaluation

0 calls to 911

1298 visits with diabetic students - 188 per phone / 1110 in person (up 642 from last year)

827 diabetic parent contacts email/phone/text (up 340 from last year)

Detail of visits

Elementary School - 3950 visits

3937 visits with nurse

13 visits with office staff

17 students with daily prescription medication

1775 visits for daily medication

244 over the counter medications and as needed medications given

917 parent contacts

231 students sent home due to illness

7 students sent to the doctor for further evaluation

0 calls to 911

Middle School - 2121 visits

1667 with nurse

444 with office staff

6 Students with daily prescription medications

977 visits for daily medication administration

403 over the counter medication and as needed medication given

315 parent contacts

101 students home due to illness

4 students sent to the doctor for further evaluation

0 911 calls

High School - 728 visits

157 with nurse

561 support staff

3 students with daily prescription medications

210 visits for daily medication administration

380 over the counter medication

45 parent contacts

17 students sent home due to illness

1 students sent to the doctor for further evaluation

0 - 911 calls

General

Nurse is notified when a parent reports their student will need medication at school, has an allergy, food intolerance or health condition. Those registrations were reviewed and followed up with the parent.

Met with teachers from each grade/team PK-8 to update regarding students with health conditions

Created and shared Individualized Health Plans IHP/ Emergency Action Plans EAP with staff when a student's medical conditions affected their school day.

Had meetings with 5 families prior to their student with chronic health condition starting school.

Kindergarten and Preschool health record management with many parent contact for compliance

Kindergarten Lead screen testing compliance with report to Public Health

7th grade immunization-TDAP and Meningitis compliance management with multiple parent contact

12th grade immunization-, Meningitis compliance management with multiple parent contact

Provided Vision Screens for 76 1st graders with 7 students that did not pass and needed to be retested. 3 1st students did not pass the second test and were referred to an eye doctor. 2 of those students got new glasses. Provided 88 vision screens for 3rd grade students with 7 students needing a retest, 4 referrals, 3 students got glasses for the first time, and 2 students got a new pair of glasses or their glasses repaired.

Collected state required vision screens for kindergarten students, screened the 36 students that did not submit a form. Submitted Kindergarten and 3rd grade screens to the Iowa Department of Public Health for audit..

Hearing screens completed by AEA -worked with AEA to send home referrals and file screens in student health files.

Collected Dental Certificates for Kindergarten and Freshmen students. Contacted parents and coordinated ISMILES/Public Health audit 92% compliance for Kindergarten and 88% compliance for Freshman.

Collected and filed immunization certificates. Parent contact in attempt to have valid Immunization certificate or Exemption Waiver on file for every student. Organized records and scheduled Immunization audit with Public Health with 98% compliance.

Spirit Lake Community School District has 5 Automated External Defibrillators (AED) in metal boxes attached to the wall. 1- in the hallway outside ES nurse office, 2-On the West wall in the MS main entrance, 3 Is located outside HS office, 4 is located outside the West gym, 5 is between the bathrooms in the Sami Center. The AED's are monitored and checked weekly during the school year.

Naloxone/Narcan is an emergency treatment for an opioid overdose. We Implemented a new policy to have Naloxone/Narcan available at school. We have 2 doses of Naloxone/Narcan in AED boxes 1,2 and 3.

Epipen/auto epinephrine injectors are for emergency treatment of anaphylactic shock due severe allergy.. We have 4 stock Epipens in each nurses office. These are provided by Mylan free of charge from the Epipens for school program. Coordinated and managed this program.

Organized Influenza vaccine clinic at school for students PK through 12th grade with Public Health in the fall.

6th grade - Organized Immunization clinic at SLMS with Public Health for TDAP and Meningitis in the Spring.

11th grade - Organized Immunization Clinic at SLHS with Public Health for Meningitis and HPV in the Spring.

Attended Preschool and Kindergarten open house.

Collected and maintained medicaid files including participating in a quarterly audit with Timberline.

Calculated carbohydrates on the school menu monthly and distributed to each building and diabetic families.

Worked with Jason Olson and kitchen staff for 37 students with food allergies/intolerances . Created and maintained reports for kitchen staff.

Review daily emails from the National School Nurse Association list-serve.

Supervised LPN working 1:1 with HS student

Supervise/Monitor delegated care provided to students by paraprofessionals.

Contacted and organized parent pick up of medication and supplies at the end of the year.

Completed 10 accident reports including investigation of injuries that occurred at school and the student went to a doctor.

Organized nurse coverage and/or medication administration for 28 field trips and MS "School of the Wild" that

Student Health Services

Developed and managed all Individual Health Plans (IHP) for students with chronic conditions - updated 5 plans from last year and 3 new Individual Health Plans this year.

Developed and managed 32 Emergency Action Plans (EAP) for students with severe allergies, seizures and diabetes

Met with parents for IEP, IHP, EAP and 504 development and management

There was an increase in parental contact required for a few students with chronic conditions.

Staff Health Services

Organized the staff Influenza Immunization Clinic

Coordination and skill testing for Medication Administration Training - 3 staff members newly trained this year. 6 renewals.

Health consultation as requested, including and not limited to B/P, temperature, and minor first aid.

On site DOT drug and alcohol testing for bus drivers. 16 random drug tests with 4 randomly selected each quarter. 4 pre employment drug screens,

On site drug testing of 12 staff members trained to carry weapons at school.

Covid 19

3 staff members reported testing positive for Covid 19

10 students reported testing positive for Covid 19

97 parent contacts related to Covid 19- 36 in ES, 43 in MS, 18 in HS

Contact tracing with every student in school during contagious period

Staff, parent and student education regarding Covid 19

On call for parent and staff calls with test results and questions

Health Education

5th grade puberty presentation

7th grade STD presentation 1 each quarter

Diabetic Training for staff with diabetic students

Diabetic student self care training

Parent education related to Diabetes

Parent education related to Covid 19

Continuing Education

Bloodborne pathogen annual training

Iowa School Nurse Conference in Newton IA

Firearm Injury, Bleeding disorders, IEP Achieve access, Pediatric Mental Health and Pharmacology, Dermatology in schools, Refugee and immigrant care in schools

Mandatory Reporter Training

ALICE training

Thank You,

Katy Stokke, RN