



This institution is an equal opportunity provider.

## OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Breakfast</b> Waffles w/ Syrup Pineapples  <b>Lunch</b> Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Fruit Cocktail 2nd Choice Sub	<b>Breakfast</b> Pancakes w/ Syrup Sausage Links Sliced Peaches  <b>Lunch</b> Crispito Spanish Rice Corn Pears Chocolate Chip Cookie (9-12) 2nd Choice Sub	<b>Breakfast</b> Whole Wheat Bagel w/ Toppings Strawberries  <b>Lunch</b> Hamburger on a Bun Garden Salad Green Beans Mandarin Oranges 2nd Choice Sub	<b>Breakfast</b> Breakfast Wrap w/ Salsa Sliced Pears  <b>Lunch</b> Softshell Taco Tortilla Chips Lettuce & Tomato Refried Beans Apple Cinnamon Roll (6-12) 2nd Choice Sub	<b>Breakfast</b> Whole Grain Cinnamon Roll Mandarin Oranges  <b>Lunch</b> Pork Rib on a Bun Mashed Potatoes Fresh Baby Carrots Grapes 2nd Choice Sub
9	10	11	12	13
<b>Breakfast</b> French Toast w/ Syrup Peaches  <b>Lunch</b> Meatball Sub Ranch Potato Wedges Tossed Salad Apple 2nd Choice Sub	<b>Breakfast</b> Biscuit & Gravy Pineapples  <b>Lunch</b> Popcorn Chicken Roll w/ Butter (6-12) Baked Beans Fresh Baby Carrots Creamy Cole Slaw Orange 2nd Choice Sub	<b>Breakfast</b> Long John Tropical Fruit  <b>Lunch</b> White Chicken Chili Sliced Bread w/ Butter Cherry Tomatoes Cucumber Slices Blueberries 2nd Choice Sub	<b>Breakfast</b> Omelet Salsa Fresh Grapes  <b>Lunch</b> Cheese Pizza Steamed Broccoli Fresh Baby Carrots Peaches 2nd Choice Sub	<b>Breakfast</b> French Toast Sticks w/Syrup Fruit Cocktail  <b>Lunch</b> Biscuits & Gravy Sausage Patty (6-12) Hashbrown Patty Peas Strawberries 2nd Choice Sub
16	17	18	19	20
<b>NO SCHOOL</b>	<b>Breakfast</b> Whole Grain Cinnamon Roll Banana  <b>Lunch</b> Soft Shell Taco Tortilla Chips w/ Salsa Lettuce and Tomatoes Refried Beans Pears 2nd Choice Sub	<b>Breakfast</b> Breakfast Pizza Peaches  <b>Lunch</b> Corn Dog Green Beans Tater Tots Fruit Cocktail Cookie 2nd Choice Sub	<b>Breakfast</b> Egg Taco w/ Salsa Graham Cracker Grapes  <b>Lunch</b> Goulash Broccoli Fresh Baby Carrots Roll w/ Butter Apple Slice 2nd Choice Sub	<b>Breakfast</b> Muffin Applesauce  <b>Lunch</b> Chicken Crispito Tortilla Chips (9-12) Salsa Corn Garden Salad Grapes 2nd Choice Sub
23	24	25	26	27
<b>Breakfast</b> Cake Donut Sausage Patty Pears  <b>Lunch</b> Hamburger on a Bun Lettuce & Tomato French Fries Apple 2nd Choice Sub	<b>Breakfast</b> Pancake & Gravy Fresh Oranges  <b>Lunch</b> Chili Tortilla Chips (9-12) Red Pepper Strips Sliced Cucumbers Banana Cinnamon Roll 2nd Choice Sub	<b>Breakfast</b> Pancake w/ Syrup Apple  <b>Lunch</b> Chicken Nuggets Mashed Potatoes w/ Gravy Tossed Salad Blueberries Dinner Roll w/ Butter 2nd Choice Sub	<b>Breakfast</b> Chicken Biscuit Breakfast Sandwich Fruit Cocktail  <b>Lunch</b> Chicken Sandwich Baked Beans Sweet Potatoes Fries Peaches Apple Crisp (9-12) 2nd Choice Sub	<b>Breakfast</b> Pancake on a Stick w/ Syrup Fresh Strawberries  <b>Lunch</b> Macaroni & Cheese Meatballs Breadstick (6-12) Green Beans Baby Carrots Strawberries 2nd Choice Sub
30	31			
<b>Breakfast</b> Waffles w/ Syrup Pineapples  <b>Lunch</b> Hot Dog on a Bun Potato Wedges Broccoli w/ Cheese Fruit Cocktail 2nd Choice Sub	<b>Breakfast</b> Pancakes w/ Syrup Sausage Links Sliced Peaches  <b>Lunch</b> Crispito Spanish Rice Corn Pears Chocolate Chip Cookie (9-12) 2nd Choice Sub		BREAKFAST IS SERVED EVERYDAY! JOIN US TO START YOUR DAY OFF RIGHT!!!  ALL STUDENTS MUST TAKE A SERVING OF FRUIT OR JUICE FOR BREAKFAST AND A FRUIT OR VEGETABLE FOR LUNCH  SKIM, CHOCOLATE SKIM & 1% MILK AVAILABLE AT ALL MEALS  100% FRUIT JUICE AVAILABLE AT BREAKFAST MEALS	<b>Lunch Prices</b> PK-4th \$2.95 5th-12th \$3.25 Adult \$4.85  <b>Breakfast Prices</b> TK/K-12 \$2.45 Adult \$3.10  <b>MENU SUBJECT TO CHANGE</b>