

Nurse Year-end Report 2023-2024

Goals 2023 - 2024

1. Wellness Team

- a. Attended Wellness team meeting in the fall
- b. Greta Gruys created and managed The Nurse's Corner. A monthly newsletter that was posted on the school website and sent out to families on the following topics:

When to stay home	Breakfast	Facts of Lice
Cold/Flu	Rethink your drink	Sleep
Smart snacking	Hygiene	Pink Eye

2. Identify and utilize best practice in delivery and development of health education to our students.
 - a. 5th grade puberty- video from Proctor and Gamble "Growing Up" Program.
 - b. 4th grade hygiene - staff had noticed hygiene issues with 4th grade students. Created and presented a hygiene lesson with all 4th graders. Greta Gruys /Jessica Vancura put together a hygiene sample donation from Walmart.
 - c. 7th grade STD presentation is no longer offered. As this went from a requirement to optional.
 - d. Greta Gruys worked with a local dentist and had a Dental presentation to First grade students. Including toothbrushes and toothpaste.
 - e. Greta Gruys contacted HyVee and got a donation of some healthy snacks and presented education at the Holiday open house.
3. Offer nursing care to buildings as student needs require.
 - a. Greta Gruys worked 4-5 hours in the mornings (mainly at the Elementary nurse's office) Monday through Thursday.
 - b. Katy Stokke worked 8 hours. On Monday through Thursday it was approximately 1 hour at the High School, 3 hours at the Middle School and 4 hours at the Elementary nurse office.
4. Organize each nursing office to effectively and efficiently deliver health care.
 - a. New storage closet created in Elementary Nurse Office by maintenance (where doorway to the old main office). Bathroom storage thinned out.
5. Continue implementation and utilization of health service documentation with Infinite Campus.
 - a. All vision screens and rescreens have been entered into Infinite Campus
 - b. Students with chronic conditions entered into Infinite Campus including a flag for staff
 - c. Worked with Beau Dielschneider and Laurie Huseman so all immunization records will transfer from the state immunization registry (IRIS) to Infinite Campus (IC). Did not manually enter new student records awaiting electronic transfer.

The nurse's office had a total of 8901 student visits (up 2102 from last year)

42 students with serious health condition

22 severe allergy, 5 diabetics, 3 seizure, 4 Celiac, 8 other conditions

Not including 34 students with asthma, and 18 students with a psychiatric disorders

43 students with daily medication

4160 visits for daily medication

1009 over the counter medication and as needed prescription medications given

1307 parent contacts

349 students sent home due to illness

19 students sent to doctor for further evaluation due to accident at school

0 calls to 911

377 visits with diabetic students - 305 per phone / 72 in person

216 diabetic parent contacts email/phone/text

Detail of visits

Elementary School - 5308 visits

5262 visits with a nurse

46 visits with office staff

25 students with daily prescription medication

2576 visits for daily medication

327 over the counter medications administered

816 parent contacts

137 students sent home due to illness

9 students sent to the doctor for further evaluation

0 calls to 911

Middle School - 2681 visits

2009 visits with a nurse

672 visits with office staff

10 Students with daily prescription medications

804 visits for daily medication administration

475 over the counter medication administered

418 parent contacts

144 students sent home due to illness

2 students sent to the doctor for further evaluation

0 911 calls

High School - 912 visits

389 visits with a nurse

523 visits with office staff

7 students with daily prescription medications

780 visits for daily medication administration

292 over the counter medication administered

73 parent contacts

6 students sent home due to illness

6 students sent to the doctor for further evaluation

General

Reviewed registration records of students that a parent identified a food allergy, medications needed at school or a chronic condition. Updated IC with parent information and contacted parent for further information when needed.

Met with 9 families prior to their student with chronic health condition starting school.

Managed kindergarten and preschool health records with many parent contacts for record compliance.

Kindergarten Lead screen testing compliance with parent contact for students that did not have lead testing and submitted report to Public Health

7th grade immunization- (TDAP and Meningitis) compliance management with multiple parent contact, meetings with administration meetings.

12th grade immunization-, (Meningitis) compliance management with multiple parent contact and administration meetings..

Provided Vision Screens for 94 1st graders with 12 rescreens for students that did not pass. 8 of those students were referred to an eye doctor and 5 of them got new glasses or glasses for the first time.

Provided 79 vision screens for 3rd grade students per state requirement with 9 students rescreened, and 7 referrals, with 4 students getting new glasses or glasses for the first time.

Collected the state required vision screens for kindergarten students, and the 3rd grade students screens done at Spirit Lake CSD and submitted them to the state Per the online registry to complete the Public Health audit.

Hearing screens completed by AEA -worked with AEA to send home referrals and file screens in student health files.

Collected Dental Certificates for Kindergarten and Freshmen students. Contacted parents that did not submit Dental Certifications. Coordinated Dental Audit with Public Health Dental Hygienist.

Collected and filed immunization certificates. Parent contact in attempt to have valid Immunization certificate or Exemption Waiver on file for every student. Organized records and scheduled Immunization audit with Public Health results for district 99% compliant.

Elementary School = 100% compliance
Middle School = 97.8 % compliance
High School = 99% compliance

Spirit Lake Community School District has 5 Automated External Defibrillators (AED) in metal boxes throughout the district. They boxes also have 2 doses of Naloxone (emergency medication for overdose of opiates). These boxes are checked during the school year on a weekly basis.

Epipen/auto epinephrine injectors are for emergency treatment of anaphylactic shock due severe allergy.. Our district has 4 stock Epipens in each nurses office. These are provided by Mylan free of charge from the Epipens for school programs. Coordinated and managed this program.

Organized Influenza vaccine clinic at school for students PK through 12th grade with Public Health in the fall.

6th grade - Organized Immunization clinic at SLMS with Public Health for TDAP and Meningitis in the Spring.

11th grade - Organized Immunization Clinic at SLHS with Public Health for Meningitis and HPV in the Spring.

Attended Preschool and Kindergarten open house.

Collected and maintained medicaid files including participating in a quarterly audit with Timberline.

Calculated carbohydrates on the school menu monthly and distributed to each building and diabetic families.

Worked with Jason Olson and kitchen staff for 38 students with food allergies/intolerances . Created and maintained reports for kitchen staff.

Review daily emails from the National School Nurse Association list-serve.

Supervised LPN working 1:1 with HS student, and a 1:1 LPN working with preschool student started in May

Supervise/Monitor delegated care provided to students by paraprofessionals.

Contacted and organized parent pick up of medication and supplies at the end of the year.

Completed 13 accident reports 5 Elementary students, 3 Middle School Students and 5 High School students including investigation of the incident that occurred at school when the student went to a doctor for those injuries..

Organized nurse coverage and/or medication administration for 32 field trips and MS "School of the Wild"

Student Health Services

Developed and managed all Individual Health Plans (IHP) for students with chronic conditions - updated 5 plans from last year and 2 new Individual Health Plans this year.

Developed and managed 28 Emergency Action Plans (EAP) for students with severe allergies, seizures and diabetes

Met with parents for IEP, IHP, EAP and 504 development and management

Worked with staff of Classroom Clinic to implement a new resource available for students at school for mental health. Including taking vital signs on all students prior to appointments with the nurse practitioner.

Staff Health Services

Increase in students having physical contact with staff and peers. Jessica Vancura created an incident log. 32 logs completed by nurses.

19 bites- 5 bruises(hitting/pinching), 5 scratches

Injuries= 2 to the face, 5 to the hand, 17 to the arm, 1 to the chest, 1 to the finger, 1 to the head, 3 to the leg, 1 to the rib and 1 to the shoulder

Organized the staff Influenza Immunization Clinic

Coordination and skill testing for Medication Administration Training - 5 staff members newly trained this year. 10 renewals.

Health consultation as requested, including and not limited to B/P, temperature, and minor first aid.

On site DOT drug and alcohol testing for bus drivers. 16 random drug tests with 4 drug tests and 1 alcohol test randomly selected each quarter. 4 pre employment drug screens,

Health Education

4th grade hygiene presentation

5th grade puberty presentation

Diabetic Training for staff with diabetic students

Diabetic student self care training

Parent education related to Diabetes

Parent education related to Covid 19

Sessions with all staff PK - 8 by grade level before school regarding students with health conditions

Created and distributed First Aid Kits to staff

All staff training before school on seizure, epinephrine pens, diabetes, first aid, naloxone.

Continuing Education

Bloodborne pathogen annual training

Long Covid- The new invisible illness

Distinguishing the differences and delivering care for Covid, asthma and the flu at school.

Data agreements

School Nurse Data and force for the future

A School nurse led initiative to address chronic absenteeism

Thank You,

Katy Stokke, RN