

Nurse Year-end Report 2025-2026

EXHIBIT #13

Goals 2025 - 2026

1. Wellness Team
 - a. Attended team meeting in May
 - b. Monthly newsletter "Nurse's Corner"

When to stay home	Concussions	"No see ums"
Spina Bifida	Measles	Mental Health- Anxiety
Resolutions	Flu Season	Sleep
Nutrition		
2. Identify and utilize best practice in delivery and development of health education to our students.
 - a. 5th grade puberty- Video from Proctor and Gamble "Growing Up" Program. Purchased samples for 5th grade students (PIE donation for girls-MS funds for boys).
 - b. 4th grade hygiene - Presented hygiene information to 4th grade students in 4 sections. Purchased trial size samples of shampoo, conditioner, body wash and deodorant with Care Closet funds.
3. Offer nursing care to appropriate buildings to match students' needs.
 - a. Katy Stokke worked 8 hours a day in Elementary and covered the district on Fridays
 - b. Macy Cornwall worked 8 hours Monday through Thursday in the middle and high school
 - c. Organized each nursing office to effectively and efficiently deliver health care.
4. Continue implementation and utilization of health service documentation with Infinite Campus.
 - a. All vision screens and rescreens entered into Infinite Campus.
 - b. Students with chronic conditions entered into Infinite Campus including a flag for staff.
 - c. Worked with Laurie Huseman on improving Online Registration (OLR) notification for uploaded documents.
5. New nurse training
 - a. Created new nurse orientation

The nurse's office had a total of 9737 student visits (up again from last year)

63 students with a Chronic health condition

21 severe allergy, 4 diabetics, 8 seizure, 3 Celiac, 2 Spina Bifida, 2 Hirschsprungs 23 other conditions-Not including 23 students with asthma, and 13 students with a psychiatric disorders

59 students with daily medication

5160 visits for daily medication

1439 over the counter medication and as needed prescription medications given

1662 parent contacts

345 students sent home due to illness

27 students went to doctor for further evaluation due to accident at school

362 phone and in person visits with diabetic students

131 diabetic parent contacts email/phone/text

510 treatment visits with nurse

Detail of visits

Elementary School - 6487 visits

6487 visits with a nurse
0 visits with office staff
20 students with daily prescription medication
3410 visits for daily medication
352 over the counter medications administered
1406 parent contacts
56 diabetic parent contacts
234 contacts with diabetic student
179 students sent home due to illness
482 daily treatments with nurse
17 students went to the doctor for further evaluation
1 call to 911

Middle School- 2358 visits

1947 visits with a nurse
411 visits with office staff
11 Students with daily prescription medications
1155 visits for daily medication administration
730 over the counter medication administered
227 parent contacts
151 students sent home due to illness
4 students went to the doctor for further evaluation
1 call to 911

High School - 892 visits

423 visits with a nurse
469 visits with office staff
9 students with daily prescription medications
595 visits for daily medication administration
357 over the counter medication administered
29 parent contacts
128 contacts with diabetic students
75 diabetic parent contacts
15 students sent home due to illness
28 daily treatments with nurse
6 students went to the doctor for further evaluation
0 - 911 calls

General

Created a folder for each ES teacher that will include general emergency information and any specific conditions in their classroom.

Created and maintained a worksheet with the number of students absent due to illness.

It is required to report to Iowa Public Health if we have absences above 10% due to illness. We did not have any school days with absences above 10% in 25-26 school year.

Met with four families prior to their student starting school in regards to their chronic health condition.

Managed kindergarten and preschool health records with many parent contacts for record compliance.

7th grade immunization- (TDAP and Meningitis) compliance management with multiple parent contacts, and meetings with administration.

12th grade immunization- (Meningitis) compliance management with multiple parent contacts and administration meetings.

Hearing screens completed by AEA -worked with AEA to send home a copy of the referrals and file the screens in student medical files.

Provided Vision Screens for 94 1st graders with 6 rescreens for students that did not pass. Two of those students were referred to an eye doctor and 1 of them got new glasses or glasses for the first time. Provided 92 vision screens for 3rd grade students per state requirement with 3 students rescreened, and 2 referrals, and 1 student getting new glasses or glasses for the first time.

Collected the state required vision screens for kindergarten students, and the 3rd grade students screens done at Spirit Lake CSD and entered them to the state website to complete the Public Health audit.

A Iowa Kidsight volunteer traveled to Spirit Lake on 3/7/25 and completed a vision screen for 61 PK students.

Collected the Dental Certificates submitted by parents for Kindergarten and Freshmen students. Multiple parent contacts for noncompliance. Coordinated the onsite Dental Audit with the Iowa Public Health Dental Hygienist.

Collected and filed immunization certificates. Contacted parents by email and phone regarding missing records. Organized records and coordinated the onsite Public Health Immunization audit with

Milly Tillotson with the following results

Public Health results for district 99.8% compliant.

Elementary School = 100% compliance

Middle School = 100 % compliance

High School = 99.5% compliance

Spirit Lake Community School District has 5 Indoor Automated External Defibrillators (AED) in metal boxes throughout the district. We also have 5 outdoor AED boxes that are located at the following places: Elementary building near the playground, Football field, Little League softball/baseball concession, and High School softball/baseball concession, batting cages. The indoor boxes include the AED, 2 doses of narcan, Stop the Bleed kits, and emergency masks. The outdoor boxes include the AED and an emergency mask. The outdoor AEDs are stored indoors when weather is below 32 degrees.

Epipen/auto epinephrine injectors are for emergency treatment of anaphylactic shock due severe allergy. Our district has 4 stock Epipens in each nurses office. These are provided by Mylan free of charge from the Epipens for school programs. Coordinated and managed this program.

Organized Influenza vaccine clinic at school for students PK through 12th grade with Public Health in the fall.

6th grade - Organized Immunization clinic at SLMS with Public Health for TDAP and Meningitis in the Spring.

11th grade - Organized Immunization Clinic at SLHS with Public Health for Meningitis and HPV in the Spring.

Present at Preschool and Kindergarten open house.

Collected and maintained medicaid files including participating in a quarterly audit with Timberline.

Calculated carbohydrates on the school menu monthly and distributed to each building and diabetic families.

Worked with Jason Olson and kitchen staff for 45 students with food allergies/intolerances . Created and maintained reports for kitchen staff.

Review daily emails from the National School Nurse Association listserv.

Supervised LPN working 1:1 with a HS student, and a 1:1 LPN working with a transitional kindergarten student.

Supervise/Monitor delegated care provided to students by paraprofessionals.

Contacted and organized parent pick up of medication and supplies at the end of the year.

Accident Reports are completed for injuries that occur at school and the student receives care by a doctor, nurse practitioner, or dentist. When appropriate an accident investigation is completed.

29 accident reports total with:

19 Elementary Students - (6 were broken arms from the monkey bars)

4 Middle School Students

6 High School Students

Organized nurse coverage and/or medication administration for field trips.

Elementary School - Fall Blast, Winter Blast, Zoo, Dairy Farm, YMCA, Park, Planetarium, Lakeside lab

Middle School- "School of the Wild", and Spring Academy.

High School- J-Term

All- Special Olympics

Student Health Services

Developed and managed all Individual Health Plans (IHP) for students with chronic conditions - updated 5 plans from last year and 3 new Individual Health Plans this year.

Developed and managed 28 Emergency Action Plans (EAP) for students with severe allergies, seizures and diabetes.

Developed and managed 4 Emergency Evacuation Plans (EEP) for students with mobility issues.

Met with parents for IEP, IHP, EAP and 504 development and management.

Worked with staff of Classroom Clinic with students receiving their services. Attending care conferences, obtaining vital signs for students prior to any telehealth visit with a nurse practitioner for medication management.

Staff Health Services

Organized the staff Influenza Immunization Clinic.

Coordination and skills testing for the Medication Administration Training - 5 staff members newly trained this year and 8 renewals.

Health consultation as requested, including and not limited to B/P, temperature, and minor first aid.

On site DOT drug and alcohol testing for bus drivers. Quarterly random testing per DOT requirements with 3 drug tests and 1 alcohol test randomly selected each quarter. With a total of 4 random and 4 alcohol tests completed. Also 1 pre employment drug screens completed.

Health Education

4th grade hygiene presentation.

5th grade puberty presentation.

7th and 9th grade CPR introduction

12th grade CPR class

High School vaping presentations

High School Marching Band health and hydration

High School life skills sex education

High School Anatomy and Physiology class demonstrations

9th grade health care careers class demonstrations

Diabetic Training for staff with diabetic students.

Diabetic student self care training.

Parent education related to Diabetes.

Annual meeting with PK-8th grade teachers before school starts to review students with health conditions and special diets.

Created and distributed First Aid Kits to staff.

Staff CPR certification

All staff training before school on seizure, epinephrine pens, diabetes, first aid, Narcan (naloxone)

Macy Cornwall, RN and Katy Stokke, RN